



THE WINDMILL STUDIO NEWS *Centre*

Issue 7
SPRING 2018

Summer's coming, which means it's going to get hot, hot, hot here at The Windmill Studio Centre what with so many activities to look forward to for all the family. Issue 7 of our 3 x yearly newsletter tells you all you need to know about what's just gone and what's coming up. Here goes:

Lights, Camera, Action!



Sporting fetching orange boiler suits and big, bad, hair styles, JAM2000 drama students have been out on location shooting **'Cell by Date'** – the working title for their drama film 2018.

Thanks goes to PC Philips and his colleagues for allowing our drama queens and kings to experience life behind bars in the local police station cells.

Without giving too much away, the finished film promises lots of weird and wonderful happenings including jumping out of vans, hanging menacingly around on stairs, spring cleaning, guzzling coffee, lounging around in corridors, lying flat out on tables, peering through holes in doors – all whilst looking totally and utterly deranged! A typical night at drama then!

Written, produced and directed by JAM2000 director, Judy McPhee, Cell by Date is due to premiere during the live drama production in October half-term. It's not too late to join in the madness with filming continuing throughout the summer term and rehearsals for the drama production starting in September.

JAM2000 drama is open to children aged 6-18. For more information, email thewindmillstudio@gmail.com



About Us

Talking of films, please check out The Windmill Studio Centre's new *promotional video* on the Home page of our website. It provides a dramatic snapshot of the vast range of fantastic activities that take place here under one roof for all the family from *children's birthday parties* and *JAM2000 Performing Arts & Agency to JAMtots interactive daytime activity play group centre, JAMSplats! performing arts for pre-schoolers, Adult Classes & Courses* and healthcareandpamper.com for *counselling, chiropractic, physiotherapy, osteopathy, psychology and an extensive range of complementary therapies.*



RUISLIP
CHIROPRACTIC CLINIC

Beautiful Baby Massage

Often new born babies are discharged with a 'clean bill of health' when, in fact, they have cranial or spinal trauma from the birth process. Chiropractic craniopathy, or baby massage, is a gentle, drug-free way to restore normal cranial movement and nerve function, thereby laying foundations to a healthy life.

Babies as young as one week old visit The Windmill Studio Centre's fantastic resident chiropractor, Steve Jones, for highly effective baby massage treatments. Steve has 25 years chiropractic experience. His clinical interests lie with treatment for pregnant mothers and new born babies and children. He also treats the usual complaints of back pain, arthritis and sports related conditions for any age.

Contact Steve Jones on
t: 01895 674777, **m:** 07931 654911,
e: stevechiro@btinternet.com,
w: www.ruislipchiropractor.co.uk

Cognitive Hypnotherapy

New to healthcareandpamper.com is Cognitive Hypnotherapist, Steve McCabe, whose sessions aim to give people opportunity to make positive, practical and sustainable changes to their lives.

Cognitive Hypnotherapy can help with a range of problems *including* fear of public speaking/exam nerves, anxiety and stress, overcoming unhelpful habits, giving up smoking, weight management, fears & phobias such as fear of flying or spiders, lack of confidence and personal coaching

Contact Steve on **t:** 079509 45485, **e:** info@smccabe.co.uk,
w: www.steve-mccabe.co.uk



Find Out how your Body is functioning?

Book an Asyra bio-energetic health screening session at The Windmill Studio Centre with legendary natural healing therapist, Yota Papas, and take the first steps to improved health, fitness and wellbeing.

Asyra bio-energetic health screening is a quick, pain-free, non-invasive and effective method of finding out how your body is functioning. The Asyra detects any underlying issues that you may be unaware of or harbouring. Health screening with the Asyra involves sitting in a chair and holding two, small, brass cylinders connected to the testing machine. The dedicated software picks up your energy imbalances.

Results are immediate and with Yota's wealth of expertise, help to give you a personal eating plan and lifestyle recommendations to promote healing. Any age can be tested – from young babies to the elderly.

For an appointment call Yota on 07704 092979.



Make sure you sign your youngsters up for our **Super Circus May Holiday Fun Workshop** for children aged 4-9 years on **Wednesday 30th May** during half-term. Lots of Circus-themed activities to enjoy including creative arts, cold cooking, singing, dancing, fun and games. Cost £25 per child, including lunch. Looking further ahead is our **"Minions Madness"** Summer Holiday Fun Workshop 2018, which runs from 9.30 am -12.30 pm Monday – Friday 30th July – 3rd August, featuring a host of fun activities themed around those crazy, yet adorable, yellow, pill-shaped animated characters from the hit movies Despicable Me and Minions movies. There'll be a special farewell fancy dress party and party lunch on the final day with Jimmy the JAMtots Bear also popping in and joining in the fun throughout the week. A morning snack and drink is included in the £80 price. Contact **t:** 01895 624755, **e:** thewindmillstudio@gmail.com



Work for us

When we are looking to recruit we put job vacancies in the **Work for Us** section of our website at www.thewindmillstudio.com/work-for-us. We are currently advertising for age 15+ weekend party assistants and cooks, so if this appeals to you, please look at the website or email thewindmillstudio@gmail.com and/or our FB page The Windmill Studio Centre.



Darcy Stanley & Eloise Suffield

CTM7

Each Sunday evening for eight solid weeks, JAM2000 Agency performers – new born babies, toddlers, children and teens – could be seen on our TV screens in the Series 7 of the award-winning BBC period drama, **Call the Midwife**.

Several of our child performers including, for example, toddler **Darcy Stanley**, **Eloise Suffield**, **Lottie-Bo Bannister** and **Alex Postolache** had

featured roles. A large contingent of our boys played Cubs who popped up on our screens at regular intervals throughout the series. We also had children playing street children, children of mums in the clinic, children at Angela's birthday party, youth club teenagers, reform school boys, posh school girls and older teen girls receiving family planning advice from the midwives.

So exciting for our performers, their friends and families to see on the box each week as well as the Christmas Special on Christmas Day! JAM2000 Agency is proud and privileged to be part of this production, which is loved by millions across the UK and around the world.



Harry Dalmedo



Alex Rawles & Alex Gauci

Joanie Kent



Best British Drama

So fantastic that ITV's **Dr Foster**, a production in which JAM2000 Agency has had the pleasure of being involved for a number of years, won Best Drama award at the National Television Awards 2018.

Credit goes to scores of JAM2000 Agency performers who were involved in this compelling BBC's mystery-drama series with special mention going to the lovely little **Joanie Kent** who played **Amelie**, young daughter of lead actors **Bertie Carvel** (*Simon Foster*) and **Jodie Comer** (*Kate Parks*).

Going down a Storm

Storm Adaser-Ratteray

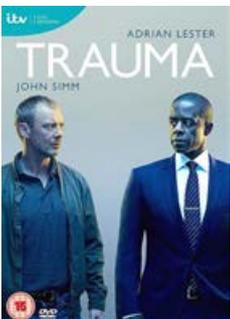
Sky Atlantic's new thriller, **Save Me**, went down a storm with viewers, which may have had something to do with the fact that JAM2000 Agency's very own **Storm Adaser-Ratteray** appeared in the role of kidnapped three-year-old, **Jody**. Great work Storm.



This Country

JAM2000 Agency is hugely proud to have been part of Series 2 of the fantastically funny BBC3 'mockumentary', **This Country**, which explores the modern lives of young people in the Cotswolds.

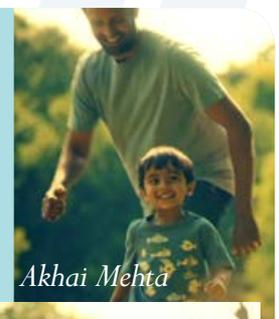
The first series, in which JAM2000 Agency was also involved, was lauded by critics who compared it to celebrated comedies **The Office** and **People Just Do Nothing**. Featuring in both series was our very own funny man, **Nik Kozyrev**, in the role of '**Pork Chop**'. Other performers included **Luca Maria-Wylezinski**, **Nathan Hensley**, **Louis Walford-Brianti**, **Florence Walford-Brianti**, **Jahrome Evans**, **Myleene Osei Asibey**, **Ellie McCarthy**, **Jenna Snelgrove** and **Ronnie Evans**.



What a Drama!

If you like to switch on the box and settle down to a good drama, there's a good chance JAM2000 Agency's performers will make an appearance. Recent productions include BBC1's new six-part gritty science fiction series, **Hard Sun**. Another feather in our caps was ITV's **Trauma**, a modern-day psychological thriller set in London about two fathers whose lives are changed forever by the tragic death of a child. It was filmed in and around London last summer, keeping many of our performers very busy. It was written by **Mike Bartlett**, who also writes

Doctor Foster - another of our fantastic productions. Talking of ITV thrillers, **Next of Kin** was another prestigious production for us featuring our performers **Akhai Mehta** and **Rahul Radia**, as well as **Marcella**. Well done to everyone involved in all these dramatic dramas!



Akhai Mehta



Rahul Radia



Come on Ladies

Bored of your exercise routine? What not shake things up a bit and try Pole Exercise Dance & Fitness here at The Windmill Studio Centre, which will challenge you in so many ways, as this is a great way to exercise, toning your complete body, as well as being great fun! The next Taster Session is on **Wednesday 18th April**, 8-9 pm @ £15.00, payable in advance. So whether you are coming along to hopefully sign up for a 6 week course or more, as our courses are ongoing throughout the year, or just a good excuse to get out of the house and try something different as a one off, why not give us a call on: **01895 624755** or email: thewindmillstudio@gmail.com



It's Good to Talk

Introducing resident counsellor **Fiona Chapman** who provides talking therapy/counselling to help people of all ages explore feelings, thoughts and behaviours. Fiona has 10 years counselling experience working in schools, universities, hospitals and counselling agencies. For the last few years, she has worked in private practice here at The Windmill Studio Centre, seeing clients aged from 13 to 73 on an individual basis. Fiona helps people with many struggles including, for example, anxiety, depression, relationships, bereavement, abuse, eating disorders, self-harm, suicidal thoughts and transitions.

Contact Fiona on **m:** 07804 014143, **e:** fichapmancounselling@gmail.com **w:** <http://www.counselling-directory.org.uk/counsellors/fiona-chapman>



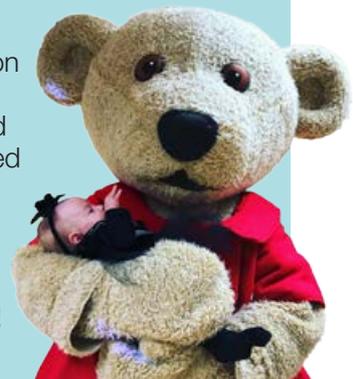
JAM Splats!

JAM2000's youngest performers – our pre-schoolers aged 2½ - 4 years – have so much fun in their weekly JAMSplats! performing arts classes, and as this photo shows, they never fail to put a smile on the faces of their teachers, **Debbie Hennessey** (right) and **Sharon Steward** (left). What's there not to smile about with a fun-filled hour of singing, dancing, role play, music, props (including pom poms) and tapping feet? And that's in addition to the opportunities to appear in live JAM2000 stage productions and on TV, in films and commercials for JAM2000 Agency. Classes run Wednesdays 9.45am - 10.45am and Thursdays 1.30pm - 2.30pm, term time only. Parents hand over and have some wonderful 'me time'. Taster sessions available for not only JAM Splats! but all JAM2000 Performing Arts classes. Contact **t:** 01895 624755 **e:** thewindmillstudio@gmail.com **w:** www.jam2000.co.uk



Heidi-Hi Raye

A belated congratulations to both **Sarah Durham** and **George Callaghan** on the birth of beautiful little 7lbs baby girl, **Heidi Callaghan**, on Sunday 14th January 2018. As both Sarah and George attended classes and performed in many productions for probably around 20 years here at JAM2000, started dating in their twenties and are now parents, it definitely makes little Heidi an extension of the **JAMFAM** who we welcome with open arms! Talking of new-borns, here's our little *Raye of Sunshine* getting her first cuddle from Jimmy the JAMtots Bear! Baby Raye is General Manager **Jade Cooper's** firstborn and Nanny McPhee's (aka *Director Judy McPhee*) granddaughter! Wow! Hasn't she grown?!



And finally...

There's always lots happening on our social networks, and even more so now that The Windmill Studio Centre is on Instagram, so please follow us @thewindmillstudiocentre

Edited by Heather Purchase